For the reduction of the weekly working hours to 35 hours for all, no salary reduction!

This is a fundamental and urgent demand for the working class, in addition to the significant importance in the economic scenario due to the consequences it would bring. Less time spent at work means:

1. **Increase in health and quality of life:** more time for recreation, physical activity, culture, mental health, or even rest.

2. **Development of the family and emotional life:** more time to spend with our families and to care for and have quality time with our children.

3. **Job creation:** the big capital will not give up the constant increase in productivity and therefore its profit, creating the need to hire more people.

4. **Boost for culture:** with extra free time, the search for cultural activities such as cinema, theatre, reading, and museum visits tends to increase.

We have, in the working class, more and more cases of health issues.

The advance of science and technology brought productivity increase through the automation of many activities, especially in the roles that are directly connected to the tech world. During the last decades, the frequency of discoveries and the advent of innovations in science and technology has considerably sped up without any brakes and, many of these, have just the goal of increasing job productivity, and decreasing human dependency on performing some tasks, these conditions can lead to drop in job creation.

E' HORA DE MUDAR DE POLÍTICA

INCREASE INCOME, GUARANTEE THE RIGHT TO HOUSING!

MORE STRENGTH TO CDU

Simultaneously, we have, in the working class, more and more cases of health issues directly linked to the **excess of work**, to the time spent on tasks that are too demanding and often with **constant psychological pressure**. We are talking about the famous Occupational Burnout, increasingly common in the working class, occurring even in the young workers, and with a long life ahead of them.

We could also talk about the question related to the **time spent travelling between home and work, time that is increasing due to the removal of the population from major city centers**, because of the real estate speculation that mainly happens in these regions, which is why rents are constantly rising. This means that we get less time to spend with our families, friends, leisure, culture and well-deserved rest.

In order to change this reality, there's nothing fairer and more urgent than moving forward with the reduction of the weekly working hours for all workers, who only have to gain from this action that is objectively possible to achieve.

Securing housing, fighting speculation!

The habitational crisis has spread for years now with property prices on an upward trend since 2014 compared to our salaries, which remain practically stagnant. This didn't start yesterday, the effects of the crisis are becoming more widespread: **rooms in Lisbon starting from 400 euros, the liberalization of evictions, the buying prices in a dizzying, speculative escalation.** This situation gets worse with the raising in the interest rates, a situation in which in Portugal once again we are even more fragile, if only 90% of mortgages didn't have variable rates; it's a real time bomb.

> *The habitational crisis has spread for years now with property prices on an upward trend since 2014*

The current situation demands solutions that guarantee access to habitation at costs compatible with the income of the families and the protection of the family home, whether in a rental situation, for those who have taken out a home loan, or even so that no one is left without their home.

In light of this, the proposal of the Party is:

- That the banks' wealthy profits can be used to absorb the impact of rising interest rates; determines the use by Caixa Geral de Depósitos of a **spread of 0.25% on mortgage loans.**

- **Increase the offers of public habitation**, particularly, in the supported rent regime.

- **Capping the benefit at 35%** of the household's monthly income.

- Limiting the purchase of housing by property funds.

- **Protecting own permanent housing by eliminating the possibility of seizure** or foreclosure on housing.

PCP

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